

Dear xxx,

Here is some important information concerning your insurance when abroad. Please read it carefully and contact [jessica.blom-larsson@kom.lu.se](mailto:jessica.blom-larsson@kom.lu.se) if you have any further questions.

You are covered by Lund University's group insurance Student UT during your internship.

You are welcome to my office (Jessica Blom Larsson) to pick up an MIC card (Medical Insurance Card), or email me your address if you want me to send it to you.

You must carry the MIC card on you when you travel abroad. The MIC card features an emergency number for Falck Global Assistance which you are to call if something happens to you abroad. Falck can assist you with emergency transport and/or costs if necessary. It is very important that you ring Falck if something happens; it can sometimes be difficult to obtain reimbursement later on if you did not contact them first. If you are going to one of the world's more troubled regions, often areas which do not have an embassy in the vicinity, it is a good idea to email Falck before you set off to ask them to advise you in advance on what to do if something happens: [fga@se.falck.com](mailto:fga@se.falck.com). If they have been forewarned, they will be able to provide more rapid service if and when something should happen.

See the conditions, how to file a claim and general information on Student UT here:

<http://www.kammarkollegiet.se/forsakringsavdelningen/studentforsakring/student-ut-dig-som-ska-studera-utomlands> It is important that you study the conditions carefully before your departure. If something happens while you are abroad, you must file a claim. We will sign it and send it to Kammarkollegiet together with a copy of your exchange agreement.

Think about what you are bringing with you; if you are travelling with expensive items (e.g. computer) remember that you must send in the original receipt for them in case of damage or theft in order to be compensated by Kammarkollegiet. Also remember to read up about the laws and regulations in your country of destination. If you break any national laws, you will not get any help from Kammarkollegiet. One example of this is two students who swam in a lake in

China; they hadn't seen the sign prohibiting bathing and they were arrested. In that situation, there is nothing Kammarkollegiet can do with regard to interpreting in court or reimbursement of fines.

All students travelling within the EU/EEA are also advised to order their EU card via the Swedish Social Insurance Agency website:

[https://www.forsakringskassan.se/wps/portal/privatpers/blanketter\\_och\\_intyg/eu\\_kort](https://www.forsakringskassan.se/wps/portal/privatpers/blanketter_och_intyg/eu_kort) This card has nothing to do with Lund University but entitles you to the

same healthcare for the same price as the country's residents. The Social Insurance Agency also has agreements with certain other countries outside the EU/EEA; check their website for more information about

this: [https://www.forsakringskassan.se/wps/portal/privatpers/utomlands/eukort/lander\\_utanfor\\_eu\\_ees](https://www.forsakringskassan.se/wps/portal/privatpers/utomlands/eukort/lander_utanfor_eu_ees) (Algeria, Australia, Québec, Israel, British Channel Islands Jersey, Guernsey and Isle of Man). Perhaps you can not receive this card if you aren't a Swedish citizen or have worked in Sweden (paid tax), but you should always call Försäkringskassan and try.

You should also read the recommendations of the Swedish Ministry for Foreign Affairs before your departure: <http://www.regeringen.se/sb/d/16681> The Ministry for Foreign Affairs also has a good app called resklar ("ready to travel") which helps you with important issues before you set off. You should also inform your next of kin in Sweden about your trip. For example, send this email to them so that they know what insurance cover you have and what they can do in case of emergency.